



Final Exam Preparation Workshop

Freaked out for finals? Options Solutions wants to help students get prepared for exam season. Whether you are studying for finals, Provincial exams or AP exams, these sessions cover all the skills you will need for successful studying and exam writing.

Two hours of the session will be devoted to a presentation on general study skills, and the remaining hour will offer specific guidance to help students prepare for one exam of their choice. These sessions will be run by Marisa Grizenko, Options Solutions Writing Consultant and UBC M.A. English graduate and Adrienne Grant, Options Solutions Associate Consultant and SFU M.A. English Literature candidate.

Each session will cover the following:

- Preparing for your exam: organization, study notes, review
- Time Management: planning study time, time allocation
- Study Strategies: methods of studying, tips for exam styles
- Test-Taking Skills: day-of strategies, stress management

** Please bring your course materials from the class of your choice to build a study plan.*

Dates:

West Vancouver Office (303-1549 Marine Dr.)

Saturday, May 30th 10:00 AM – 1:00 PM

South Granville Office (109-3195 Granville St.)

Saturday, May 16th 9:00 AM – 12:00 PM

South Surrey Office (210-15252 32nd Ave.)

Saturday, May 23rd 10:00 AM – 1:00 PM

Cost: \$150 + applicable taxes per session

Note:

- Reserve your spot by calling (604) 922-8456 or e-mailing info@optionsolutionsed.com. Space is limited!
- Full payment is **required** at the time of registration. Only students who pay in advance will be guaranteed a spot in the session.
- Bring a friend! All students are welcome.

Please remember that our 48-hour cancellation policy extends to all group sessions.